

SCREENINGS (8:00 – 10:00 a.m.)

Blood Pressure	Pearl River Community College (PRCC) Nursing Education Department
Bone Density Scan	Hattiesburg Clinic
Cholesterol Screening	Highland Community Hospital and PRCC Medical Laboratory Technology Program
Hearing	Pearl River School District: Speech-Language Pathology
Memory Screening	Mississippi Department of Mental Health, Division of Alzheimer's Disease and Other Dementias
Oxygen Saturation	Camellia Home Health and Hospice
Paraffin Wax (for Arthritis), Manicures	PRCC Cosmetology Department
Posture Analysis	Poplarville Family Chiropractic Clinic
Pulmonary Function Assessment	Forrest General Hospital
Stress Dots	Wesley Medical Center
Stress Management	Healing Touch School and Day Spa (Chair Massage)

INFORMATION BOOTHS

American Red Cross
Forrest General Hospital Spirit of Women
Freedom Healthcare
Hattiesburg Clinic
Highland Community Hospital
Home Instead Senior Care
Mississippi Tobacco Free Coalition of Hancock and Pearl River
Counties/American Lung Association
Nutrition Source
Poplarville Family Medical Clinic – Stone County Hospital
Southeast Mississippi Rural Health Initiative, Inc.
The Poplarville Clinic – A Division of Hattiesburg Clinic
Wesley Medical Center

WOMEN'S HEALTH SYMPOSIUM STEERING COMMITTEE

Becky Askew	Barbara Gandy	Tonia Moody	Maggie Smith
Janet Braswell	Valerie Horne	Charleen Null	Martha Lou Smith
Peggy Dease	Sharman Ladner	Tara Rouse	Brenda Wells
	Lindsay Loustalot	Caycee Simon	

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PEARL RIVER COMMUNITY COLLEGE



WOMEN'S HEALTH SYMPOSIUM

Saturday, January 29, 2011

8:00 a.m. – 1:30 p.m.

Poplarville Campus

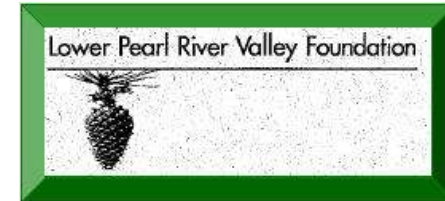
AGENDA

8:00 a.m.	Registration Health Screenings (until 10:00 a.m.) Information Booths Art Walk (Music Provided by Mr. Trevor Hunt) Continental Breakfast	Crosby Hall
9:50 a.m.	Concurrent Sessions I	Seal Hall
	“Caregiving and Taking Care of the Caregiver” Ms. Kathy Van Cleave, LMSW, LCMHT Director, Division of Alzheimer’s Mississippi Department of Mental Health	(Room 101)
	“Exercise, No Gym Needed! Anywhere, Anytime, Any Age & Any Level” Ms. Julie Pierce, PRCC Instructor of Aerobics	(Room 111)
	“Financial Planning Basics for Your Financial Well-being” Ms. Michelle Mabry Wealth Management Consultants	(Room 114)
	“Just the Facts, Girls!” (Health Tips for Any Age) Dr. Virginia Crawford, Director of USM Health Care Services	(Room 113)
	“Normal is Gone and It Won’t Be Back!” Ms. Janie Walters, Motivational Speaker Champion Communications	(Room 109)
	“Prevention of Heart Disease” Dr. Benjamin Rester, Hattiesburg Clinic	(Room 100)
	“Protecting Yourself – Legally Speaking” Judge Deborah Gambrell, Tenth District Chancery Court Ms. Many Creel Bryan, Assistant District Attorney	(Room 102)
	“What Should Happen at My Yearly Exam” (The Importance of Gynecological Exams) Dr. Melissa Holland, Hattiesburg Clinic	(Room 103)
10:40 a.m.	Concurrent Sessions II (See Concurrent Sessions I)	
11:15 a.m.	Luncheon Special Music Provided by The Voices PRCC’s Vocal Jazz Ensemble	Olivia Bender Cafeteria
11:50 a.m.	General Session Dr. Becky Askew, Chair Women’s Health Symposium Steering Committee	
	Dr. William Lewis, President Pearl River Community College	
	Ms. Sally Baskey, Keynote Speaker “Laughter, My Drug of Choice”	
12:50 p.m.	Door Prizes (Must be Present to Win)	

SYMPOSIUM SPONSORS

Pearl River Community College gratefully acknowledges the following Women’s Health Symposium sponsors:

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Silver Sponsors



Bronze Sponsors

BankPlus
Hattiesburg Clinic
Highland Community Hospital
Southern Bone & Joint Specialists, P.A.
Wal-Mart Supercenter of Picayune, MS
Wesley Medical Center

Door Prizes

Pearl River Community College extends a special thank you to the businesses and individuals who provided door prizes for this event.