SCREENINGS (8:00 - 10:00 a.m.)

INFORMATION BOOTHS

Stress Management Healing Touch Day Spa

(Chair Massage)

Hattiesburg Clinic – 28th Place
Highland Community Hospital
Indulgence Home Spa
Lab Test Depot
Mississippi State University Extension Service
Southeast Mississippi Rural Health Initiative, Inc.
Southern Bone & Joint Specialists, P.A.
The Poplarville Clinic – A Division of Hattiesburg Clinic
Wesley Medical Center

WOMEN'S HEALTH SYMPOSIUM STEERING COMMITTEE

Becky Askew	Barbara Gandy	Tonia Moody	Maggie Smith
Janet Braswell	Valerie Horne	Charleen Null	Martha Lou Smith
Peggy Dease	Sharman Ladner	Tara Rouse	Brenda Wells
	Lindsay Loustalot	Caycee Simon	

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PEARL RIVER COMMUNITY COLLEGE



WOMEN'S HEALTH SYMPOSIUM

Saturday, January 30, 2010

8:00 a.m. – 1:30 p.m.

Poplarville Campus

AGENDA

8:00 a.m. Registration Crosby Hall Health Screenings (until 10:00 a.m.) Information Booths Art Walk (Music Provided by Mr. Trevor Hunt) Continental Breakfast Concurrent Sessions I Seal Hall 9:50 a.m. "Dealing with Difficult People" (Room 111) Ms. Janie Walters, Motivational Speaker Champion Communications "Facts about Alzheimer's Disease" (Room 103) Ms. Melora Jackson, MS, CMHT Mississippi Department of Mental Health "First Aid for Your Automobile!" (Room 105) Mr. Richard Byrd, Instructor of Automotive Mechanics Technology, PRCC "Health Strategies for Women" (Room 109) Dr. Melissa Holland Hattiesburg Clinic "Heart and Vascular Disease in Women" (Room 102) Dr. Ben Rester Hattiesburg Clinic "Yoga for Women/Radiant Health and Beauty for All Ages" Ms. Tammy Brahan, Anusara-inspired™ Yoga Teacher The Yoga Room (Room 107) 10:40 a.m. Concurrent Sessions II See Concurrent Sessions I 11:15 a.m. Luncheon Olivia Bender Cafeteria Special Music Provided by Dr. Mark Malone 11:50 a.m. General Session Dr. Becky Askew, Chair Women's Health Symposium Steering Committee Dr. William Lewis, President Pearl River Community College "How to be Up in a Down World" Ms. Jenny Nolen

SYMPOSIUM SPONSORS

Pearl River Community College gratefully acknowledges the following Women's Health Symposium sponsors:

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Door Prizes

Pearl River Community College extends a special thank you to the businesses and individuals who provided door prizes for this event.