

### **SCREENINGS (8:00 – 10:30 a.m.)**

Blood Pressure .....	Pearl River Community College (PRCC) Nursing Education Department
Blood Glucose and Cholesterol ...	Highland Community Hospital and PRCC Medical Laboratory Technology Program
Bone Density Scan .....	Hattiesburg Clinic and Poplarville Family Chiropractic Clinic
Glaucoma Screening .....	Eye Physicians and Surgeons of Hattiesburg Clinic
Hearing .....	Pearl River County Schools
Memory Screening .....	Mississippi Department of Mental Health
Paraffin Wax (for Arthritis), Manicures .....	Pearl River Community College Cosmetology Department
Spine Screening, Bilateral Weight Scales, Massage .....	Poplarville Family Chiropractic Clinic
Stress Dots .....	Wesley Medical Center
Stress Management..... (Chair Massage)	At Home Massage Therapy and Day Spa and Tranquility Day Spa

### **INFORMATION BOOTHS**

Classic Designs Hair Replacement Center  
Hattiesburg Clinic – 28<sup>th</sup> Place  
Highland Community Hospital  
Indulgence Home Spa  
Mary Kay Cosmetics  
Mississippi State University Extension Service  
SafeHeart Health  
Southeast Mississippi Rural Health Initiative, Inc.  
Southern Bone & Joint Specialists, P.A.  
The Poplarville Clinic – A Division of Hattiesburg Clinic  
Wesley Medical Center

### **WOMEN'S HEALTH SYMPOSIUM STEERING COMMITTEE**

Becky Askew	Peggy Dease	Charleen Null	Maggie Smith
Laura Berry	Barbara Gandy	Tara Rouse	Martha Lou Smith
Janet Braswell	Sharman Ladner	Caycee Simon	Brenda Wells
	Lindsay Loustalot	Debra Smith	

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## **PEARL RIVER COMMUNITY COLLEGE**



## **WOMEN'S HEALTH SYMPOSIUM**

**Saturday, January 31, 2009**

**8:00 a.m. – 1:30 p.m.**

**Poplarville Campus**

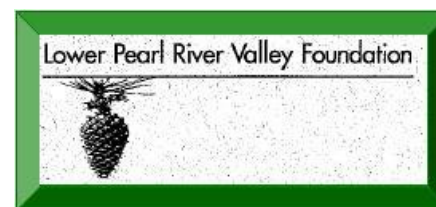
## AGENDA

8:00 a.m.	Registration Health Screenings (until 10:30 a.m.) Information Booths Art Walk (Music provided by John De La Fuente) Continental Breakfast	Crosby Hall
9:50 a.m.	Concurrent Sessions I	Seal Hall
	<p>"Back to Health" (Exercises to Keep the Arthritis Away) Dr. Kelvie D. Culpepper Poplarville Family Chiropractic (Room 114)</p> <p>"Discover the Power Within" (Room 107) Ms. Tammy Brahan, Anusara-inspired™ Yoga Teacher The Yoga Room</p> <p>"Memory Loss: Is it Alzheimer's?" (Room 115) Dr. Ronald Schwartz, Director of the Neurological Research Center and the Memory Clinic Hattiesburg Clinic</p> <p>"MPG (Miles Per Gallon) and What it Means to You" Mr. Richard Byrd, Instructor of Automotive Mechanics Technology, PRCC (Room 113)</p> <p>"Oral Health Considerations for the Modern Woman" Dr. Leslie Wells, Lake Garner Family Dentistry and New Augusta Dental (Room 105)</p> <p>"Preventive Medicine, Staying Healthy in Today's Fast Pace Society" Dr. Angela Jones, Poplarville Clinic (Room 109)</p> <p>"Three Cheers for Us" (Room 111) Ms. Janie Walters, Motivational Speaker Champion Communications</p>	
10:40 a.m.	Concurrent Sessions II See Concurrent Sessions I	
11:40 a.m.	General Session	Olivia Bender Cafeteria
	<p>Dr. Becky Askew, Chair Women's Health Symposium Steering Committee</p> <p>Dr. William Lewis, President Pearl River Community College</p> <p>"It's More Than the Drawl, Ya'll" Ms. Ronda Rich Ronda Rich Creative, Inc</p>	
12:30 p.m.	Luncheon and Door Prizes Special music provided by RiverRoad	

## SYMPOSIUM SPONSORS

Pearl River Community College gratefully acknowledges the following Women's Health Symposium sponsors:

### Grand Sponsor



### Silver Sponsors



### Bronze Sponsors

BankPlus  
Hattiesburg Clinic  
Highland Community Hospital  
Wesley Medical Center

### Door Prizes

Pearl River Community College extends a special thank you to the businesses and individuals who provided door prizes for this event.