SCREENINGS

(7:30 - 10:00 a.m.)

Blood Pressure	Pearl River Community College (PRCC) Nursing Education Department
Blood Glucose and Cholesterol, Pulse Oximetry, Heart Health Risk Assessment	Highland Community Hospital and PRCC Medical Laboratory Technology Program
Bone Density Scan	
Eye Pressure	Eye Physicians and Surgeons of Hattiesburg Clinic
Hearing	Pearl River Central Schools
Paraffin Wax (for Arthritis), Manicures	Pearl River Community College Cosmetology Department
Preventive Health Screens	Live Well Health Screens (Available only for first 25 people—Discount coupons will be available for future use.)
Spine Screening, Bilateral Weight Scales, Massage	Poplarville Family Chiropractic Clinic
Stress Dots	Wesley Medical Center
Stress Management (Chair Massage)	Orleans Park Rehabilitation and Tranquility Day Spa

INFORMATION BOOTHS

Better Health, Inc. (Diabetic Shoes) Hattiesburg Clinic – 28th Place Highland Community Hospital Slidell Memorial Hospital (Breast Health Information) Southern Bone & Joint Specialists, P.A. The Poplarville Clinic – A Division of Hattiesburg Clinic Wesley Medical Center

WOMEN'S HEALTH SYMPOSIUM STEERING COMMITTEE

Becky Askew	Barbara Gandy	Frances Rawls	Maggie Smith
Laura Berry	Sharman Ladner	Tara Rouse	Martha Lou Smith
Janet Braswell	Lindsay Loustalot	Debra Smith	Brenda Wells
Peggy Dease			

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PEARL RIVER COMMUNITY COLLEGE



WOMEN'S HEALTH SYMPOSIUM

Saturday, January 26, 2008

7:30 a.m. – 1:30 p.m.

Poplarville Campus

AGENDA

7:30 a.m. Registration Health Screenings (until 10:00 a.m.) Information Booths Continental Breakfast

9:15 a.m. Concurrent Sessions I

Nursing Building

Nursing Building

"Diabetes" (Room 301) Annette Low, M.D., Director National Center of Excellence in Women's Health University of Mississippi Medical Center

"Humor for Life" (Tiered Room 1) Janie Walters, Motivational Speaker Champion Communications

"Legal Issues for Women" (Room 201) Deborah Gambrell, Forrest County Justice Court Judge Manya Creel Bryan, Assistant District Attorney for the Fifteenth Circuit Court District

"Slow Down, Calm Down, and Enjoy the 21st Century" Eileene McRae, Outreach Coordinator Pine Grove Behavioral Health Services (Room 407)

"Women's Health Issues" (Tiered Room 3) Melissa Holland, M.D. Obstetrics/Gynecology, Hattiesburg Clinic

- 9:50 a.m.Refreshment BreakNursing Building (Room 409)10:15 a.m.Concurrent Sessions II
See Concurrent Sessions I
- 11:20 a.m. General Session

Olivia Bender Cafeteria

Dr. Becky Askew, Chair Women's Health Symposium Steering Committee

Dr. William Lewis, President Pearl River Community College

"Put Your Own Oxygen Mask on First" Dr. Sally P. Karioth, Instructor Florida State University School of Nursing

12:30 p.m. Luncheon and Door Prizes* Special music provided by John De La Fuente, Violinist

*Pearl River Community College extends a special thank you to the businesses and individuals who provided door prizes for this event.

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